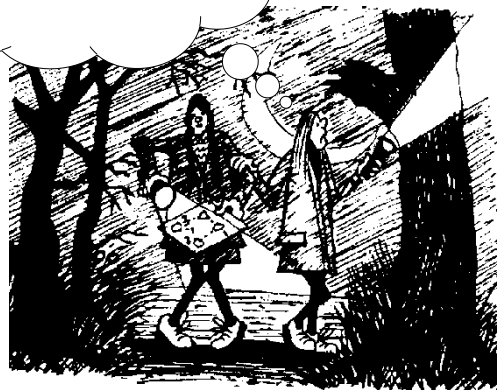


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**ARRANGEMENTS FOR RIDGEWAY ACADEMY SILVER TRAINING DAY**

**DATE** - Sunday 9<sup>th</sup> December 2018

**MEET** - Ridgeway Academy  
at 8.00 a.m.

**RETURN** - Approximately 5.30pm.

**VENUE** - Gold - Pontesbury to Stiperstones.  
Silver - Snailbeach to Stiperstones.

**AIM** - A day to practise navigation techniques and moving together as a group. Problems will be given to solve en-route. Semi accompanied.

**KIT** - As checklist for mountain day out. All items are necessary for your own safety, see RA web site for list.  
- Spare money.  
- Lunch and drink. (A hot flask may be useful)  
- Small rucksack.  
- Waterproofs - can be issued on the day.

**EMERGENCY CONTACT NUMBERS - 07815 947114**